**CAREER RESEARCH RESOURCES**

**O\*net Online**

Welcome to your tool for career exploration and job analysis!

[O\*NET OnLine](https://www.onetonline.org/)has detailed descriptions of the world of work for use by job seekers, workforce development, and HR professionals, students, researchers, and more!

**US Bureau of Labor and Statistics**

<https://www.bls.gov/ooh/>

U.S Bureau of Labor and Statistics offers an Occupational Outlook Handbook that contains high quality sources of career guidance. Students can utilize the occupation finder filtered by pay, education, training, and growth rate.

**My Next Move**

<https://www.mynextmove.org/>

My Next Move has over 900 career options and resources for you to look at. They break down each career by skills, abilities, knowledge, personalities, and many more.

​

**MyPlan.com**

No, [MyPlan](http://myplan.com/index.php%22%20%5Ct%20%22_blank) isn’t paying me to promote their site.  It’s just so useful that I have to recommend it again. There are four different career assessments on MyPlan.com: interests, personality, values, and skills.  The values assessment is free, and I’ve found it to be very accurate.  If you take all four tests, you can view your composite career rankings.  MyPlan also has career satisfaction ratings, salary data, and tons of other useful information.

**Career Key**

The career key personality and career test is based on Holland’s theory and costs $9.95 (you do not need to take the test).  [Careerkey.org](http://www.careerkey.org/) also has information about changing careers, job satisfaction, choosing a major, and identifying your skills.

**The Career Project**

If you’re looking for honest information about careers, I recommend [thecareerproject.org.](https://www.thecareerproject.org/)  You’ll find thousands of career profiles from people that actually work in those professions.  Workers report information about income, benefits, work environment, and job satisfaction. You can also view a day in the life, where users detail their workdays hour-by-hour.

**QuintCareers**

The [career exploration](http://www.quintcareers.com/career_exploration.html) section at QuintCareers offers hundreds of career planning articles, links, and tools. Resources include industry magazines, checklists, and directories.  The site also has college planning, financial aid, and job search resources.  No matter what your career stage, QuintCareers is a must-visit website.

​

**National Career Development Association**

Career counseling can help you decide on a career path based on a variety of factors.  If your high school or college doesn’t have a career counselor, or if you’re considering a career change, you may need to look for an independent career counselor.  Read the [guidelines for choosing a career counselor](http://associationdatabase.com/aws/NCDA/pt/sd/news_article/5565/_PARENT/layout_details_search/false), including your rights as a consumer and responsibilities as a client.  You can also search for a career counselor near you in the National Career Development Association [counselor database](http://associationdatabase.com/aws/NCDA/pt/sp/consumer_find).

**Career One Stop**

Sponsored by the U.S. Department of Labor, [careeronestop.org](http://www.careeronestop.org/) offers salary data, employment trends, and self-assessments.  You can download the work importance locator, which identifies features that are important in a job.    Skills, abilities, and interest assessments are also available.

​

**Mapping Your Future**

Whether you’re just starting out on your career planning journey or making a career change, you’ll be sure to find the information you need at [mappingyourfuture.org](http://mappingyourfuture.org/). The site offers career exploration and college planning resources, in addition to entrance and exit loan counseling.

There are plenty of other excellent career planning sites on the Internet, but I chose these sites based on information accessibility and authority.  This is not a comprehensive list and is only based on my opinion and experiences.  This list can help start your career planning process, but you should also look for other resources that suit your specific situation and